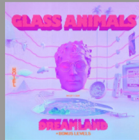


MUSIC IN THE AIR



With the recent exposure of social media and content creating, music has broken the barriers of language and genre and has become all about keeping up with the trend.

The most popular mixed bag of music one can enjoy :

- Butter by BTS
- Heat Waves by Glass Animals
- As It Was by Harry Styles
- Driver's License by Olivia Rodrigo

NEWSLETTER APRIL 2022



Four weeks of learning have been completed this new academic year. We are happy that students are slowly and happily settling down in school.

WHAT'S UP THIS APRIL ?



LIFE HACKS



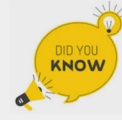
MUSIC IN THE AIR



READ UP, READ ON



LIGHTS, CAMERA, ACTION!



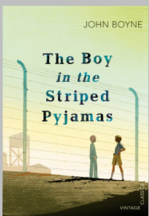
TICKLE YOUR BRAIN CELLS



BEYOND THE CLASSROOM

BEYOND THE CLASSROOM

READ UP, READ ON



ALUMNI SPEAK

The students of Ashok Hall Group of Schools were taken to Kala Mandir where they had an interaction with the ex students of Ashok Hall Group of Schools on the online platform. Ms. Rachna Nayan, a successful sports journalist, spoke about her struggles and experiences in the field of journalism. Ms. A Anjum, an Indian Bollywood actress who has worked in various films and biopics like RRR and Class of 83 .motivated the students and inspired them with stories about her experiences.

Vibha Batra, an author spoke vibrantly about her school days and her journey towards becoming a successful author. Neha Murarka , a career psychologist and Sukanya Roychowdhury from the field of mass media and advertising enthralled the young audience. The students interacted with the speakers with great enthusiasm.

The students expressed their gratitude for such a lovely, enriching experience.

A SESSION WITH DR. TEMJENMONGLA AEIR

Modern life is burdened with twists and turns and we all need to be active and independent both at home and work. Keeping in mind our mobility and well-being Ashok Hall Group of Schools organized sessions for the teachers, heads and grandparents with Dr. Temjenmongla Aeir , a physiotherapist and a health care professional, on how to protect our joints, the fulcrum for our movements. The session opened with sharing our experiences. Dr.Tem took up each issue and began with some specific exercises. It was immensely beneficial for all. We all took a step towards the path of healing with the pledge to move towards healthy living.

Thank you, Dr. Aeir!

LIGHTS, CAMERA, ACTION!

MEMORABLE MOVIES



A magic tale about the Madrigals, an extraordinary magic gifted family who lived hidden in the mountains of Columbia in a land of magic - Encanto



Dr. Strange casts a forbidden spell that opens a portal to the multiverse. However, a threat emerges that maybe too big for his team to handle.

SUMMER HACKS

• Make your own all-natural mosquito repellent spray!

If you need a little extra protection (or don't really like the wrist bands for whatever reason), you can also make your own all-natural mosquito repellent. Just mix 1 teaspoon of lemon eucalyptus oil into 1/4 cup of your favourite carrier oil. (coconut oil is my top pick because it's cheap, easy to find and gentle on the skin)

• Or make soothing aloe cubes in your freezer!

In you're not really excited about tending to a plant all summer long and really just want to take the easy route to success, go ahead and buy that big jug of organic aloe. While you're at it, get an extra ice-cube tray. Fill the tray with aloe and pop it in the freezer. The combination of aloe and the cold touch to it is a million times more soothing. Sometimes, you can even use it to cool yourself down on a really hot day.

TICKLE YOUR BRAIN CELLS

Could bats really be smarter than humans ?

Known already for being natural mathematicians, bats were a part of new research which shows that vampire bats when sick socially distance themselves from group mates in their roost. Perhaps we could learn a thing or two from these clever animals.

Black holes are usually known to be wrapped in an event horizon, which is the region where the gravitational attraction is enough to pull in anything - one would have to travel faster than light to escape it! Now, scientists are troubled by the possibility of ' naked black holes ', which lack such horizons. Since black holes are locations where the laws of physics break down, the thought that they could be accessible to the rest of the universe without event horizons is a scary one, indeed!